



220 Wexford Road, Unit 2  
 Brampton, ON L6Z 4N7 (905)840-WELL

- Dr. Justine Blainey-Broker, B.Sc., D.C.
- Dr. Blake Broker, B.Sc, D.C.
- Dr. Steve Gillis, BPE, ART, D.C.
- Dr. Stephanie Behmer, D.C.
- Other: \_\_\_\_\_

| ROF   | MON | TUES | WED | THURS |
|-------|-----|------|-----|-------|
| GUEST |     |      |     |       |

# Child (Ages 4-10) Health History Form

Please complete the following as completely as possible. If you need assistance, please ask the front desk staff and they will be glad to assist you.

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Sibling(s) Name(s) (Ages): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Bus Phone: (\_\_\_\_) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  M  F

Who may we thank for referring you? \_\_\_\_\_

Has your child ever received chiropractic care?  Yes  No Chiropractor's Name: \_\_\_\_\_

|             |  | DI |
|-------------|--|----|
| CE          |  |    |
| SUB         |  |    |
| X-RAY C/SP  |  |    |
| X-RAY T/SP  |  |    |
| X-RAY L/SP  |  |    |
| X-RAY OTHER |  |    |
| GAIT        |  |    |
| TOTAL       |  |    |

## Why This Form Is Important:

In this office, our focus is on helping people to function optimally so that they are stronger, healthier and better able to adapt to the stresses of everyday life. This form gives us a better understanding of the physical, chemical and emotional stresses that can gradually accumulate over time to produce health problems. Please complete this form as thoroughly as possible and the doctor will review it with you.

### **AUTHORIZATION FOR CARE OF A MINOR (UNDER 16 YEARS)**

I have read the below statement and consent to the examination and if appropriate, treatment of the above-named minor under my care.

Physicians, Chiropractors, Osteopaths, and Physiotherapists are required to advise patients with neck problems of the following: There have been very rare incidents of injury to the vertebral artery during the course of treatment. This has caused strokes or strokes like occurrences, which are usually of a temporary nature. The chances of this happening are less than one in ten million. Tests, with or without x-rays, have been performed on you to minimize this risk to yourself. Chiropractic is considered to be one of the safest and most effective forms of therapy for neck conditions. If you have any questions or concerns please speak to your doctor.

I understand all accounts are payable when service is rendered.

Consent to all encompassing Chiropractic treatments knowing the Doctor (s) will discuss ahead of time them with me. (Example: Orthotics, change of technique etc.)

Consent to seeing another JBWC Doctor if/when need. (Example: Time restrictions, scheduling, acute condition needing help and my primary Doctor is away etc.)

I understand that to provide me with health goods and services, the Justine Blainey Wellness Centre will collect some personal information about my child (e.g., home telephone number, address).

I understand that the Justine Blainey Wellness Centre has a Privacy Policy about the collection, use and disclosure of personal information, and steps taken to protect the information and my right to review my personal information.

I agree to the Justine Blainey Wellness Centre collecting, using, and disclosing personal information about me as set above and in the Justine Blainey Wellness Centre's Privacy Policy

I hereby authorize the release of my medical/chiropractic records or copies of the same to such parties that the doctor may deem necessary as it relates to my child's case, and do hereby hold harmless anyone from such actions.

PARENT(S) NAME(S): \_\_\_\_\_ WORK TEL: \_\_\_\_\_

I hereby authorize and consent to the chiropractic evaluation and care of my child.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

WITNESS SIGNATURE: \_\_\_\_\_

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- Other:

## Growth and Development

Any changes from normal growth or development noted?  Yes  No If yes, please explain \_\_\_\_\_

Is the child getting 8 hours of sleep at night?  Yes  No If no, please explain \_\_\_\_\_

Do you consider the child's eating pattern normal?  Yes  No If no, please explain \_\_\_\_\_

*If your child has no symptoms or complaints, and are here for wellness services, please check (✓) here \_\_\_\_\_ and skip to "Family Health Profile"*

## Present Health Complaints/Concerns:

Major: \_\_\_\_\_

Minor: \_\_\_\_\_

When did this problem begin? \_\_\_\_\_

Is this problem:  Occasional  Frequent  Constant  Intermittent

Does problem radiate?  Yes  No If yes, where? \_\_\_\_\_

What makes this worse? \_\_\_\_\_

What makes this better? \_\_\_\_\_

Is the problem worse during a certain time of the day?  Yes  No If yes, when? \_\_\_\_\_

Does this interfere with the child's  Sleep?  Eating?  Daily Routine?

Is this becoming worse? \_\_\_\_\_

Other professionals seen for this condition? \_\_\_\_\_

Results with that treatment? \_\_\_\_\_

**OFTEN SEEMINGLY UNRELATED SYMPTOMS CAN MANIFEST AS OTHER HEALTH CONCERNS: (please check if your child has had any of the following)**

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Loss of Taste        | <input type="checkbox"/> Weight Gain           | <input type="checkbox"/> Upper Back Pain     |
| <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Light Sensitivity    | <input type="checkbox"/> Dental Problems       | <input type="checkbox"/> Neck Pain           |
| <input type="checkbox"/> Fainting              | <input type="checkbox"/> Face Flushed         | <input type="checkbox"/> Fevers                | <input type="checkbox"/> Low Back Pain       |
| <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Cold Sweats          | <input type="checkbox"/> Heart Palpitations    | <input type="checkbox"/> Radiating Pain      |
| <input type="checkbox"/> Irritability          | <input type="checkbox"/> Bronchitis           | <input type="checkbox"/> Chest Pressure        | <input type="checkbox"/> Stiffness           |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Breast Pain           | <input type="checkbox"/> Reduced Mobility    |
| <input type="checkbox"/> Loss of Balance       | <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Frequent Colds        | <input type="checkbox"/> Numbness in Leg(s)  |
| <input type="checkbox"/> Loss of Concentration | <input type="checkbox"/> Shortness of Breath  | <input type="checkbox"/> Sinus Congestion      | <input type="checkbox"/> Numbness in Feet    |
| <input type="checkbox"/> Loss of Memory        | <input type="checkbox"/> Asthma               | <input type="checkbox"/> Sore Throats          | <input type="checkbox"/> Numbness in Hand(s) |
| <input type="checkbox"/> Ears Buzzing          | <input type="checkbox"/> Urinary Problems     | <input type="checkbox"/> Ear Pain / Infections | <input type="checkbox"/> Weakness            |
| <input type="checkbox"/> Poor Coordination     | <input type="checkbox"/> Constipation         | <input type="checkbox"/> Allergies             | <input type="checkbox"/> Muscle Cramps       |
| <input type="checkbox"/> Vision Changes        | <input type="checkbox"/> Diarrhea             | <input type="checkbox"/> Heartburn             | <input type="checkbox"/> Sleeping Problems   |
| <input type="checkbox"/> Loss of Smell         | <input type="checkbox"/> Weight Loss          | <input type="checkbox"/> Bloating / Gas        |  |
| <input type="checkbox"/> Other: _____          |   |  |  |



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### Family Health History

Please note any health issues with family relations:

Brothers: \_\_\_\_\_  
 Sisters: \_\_\_\_\_  
 Father: \_\_\_\_\_  
 Mother: \_\_\_\_\_  
 Grandparents: \_\_\_\_\_

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In this office we will perform a thorough assessment of your child's spine to locate areas of **Vertebral Subluxation**. Subluxations are the areas of dysfunction in the spine that interfere with the healthy connection between the nervous system and all the different parts of your body. This will result in compromised health and reduced energy to the tissue which that part of the nervous system supplies. Subluxations are caused by *physical, chemical and mental/emotional* stresses that overwhelm the nervous system and spine. Please complete this form to the best of your ability. This will help us to determine the causes of the subluxations we may find.

### Physical Stressors

Any significant falls or trauma to the mother during pregnancy?  Yes  No  Unsure  
 Any evidence of birth trauma as an infant?  Yes  No  Unsure

If yes, please explain: \_\_\_\_\_

For the child, were there any falls from couches, beds, during play?  Yes  No  Unsure  
 Any hospital visits for concussions, possible fractures or other traumas?  Yes  No  Unsure  
 Have there been any surgeries?  Yes  No

If yes, please explain: \_\_\_\_\_

Is a backpack worn?  Yes  No If yes, is it  heavy or  light?  
 Does your child participate in sports?  Yes  No If yes, how many days/week? \_\_\_\_\_  
 Any hobbies or activities which require prolonged, awkward or repetitive postures? (i.e. violin, gymnastics, etc.)  
 Yes  No  Unsure  
 Sport History Injuries: Year: \_\_\_\_\_ Injury: \_\_\_\_\_  
 Year: \_\_\_\_\_ Injury: \_\_\_\_\_

### Vaccination History

Vaccinations and age given? \_\_\_\_\_  
 Any negative reactions?  Yes  No If yes, what were they? \_\_\_\_\_  
 Any antibiotics given?  Yes  No Reason? \_\_\_\_\_

### Psychosocial Stressors

Any behavioural problems?  Yes  No If yes, what are they? \_\_\_\_\_  
 Any  night terrors  sleep walking  difficulty sleeping  
 Average number of hours of television/iPad per week? \_\_\_\_\_  
 Do you feel that your child's social and emotional development is normal for their age?  Yes  No  
 Any learning difficulties?  Yes  No

**Thank you for completing this form. If there are any other questions or concerns which you have, you may write them in the space below.**